### Navigating Capella University's Nursing Program: A Guide to NURS FPX Assessments

The journey through Capella University's RN-to-BSN and MSN programs can be both enriching and demanding. Students enrolled in courses like **NURS FPX 6105**, **NURS FPX 6107**, and **NURS FPX 6620** are expected to demonstrate Nurs FPX 6105 Assessment 4 clinical reasoning, evidence-based decision-making, and systems-thinking in real-world nursing scenarios. Understanding the expectations for various assessments in these courses is key to academic success.

In this blog post, we'll provide an in-depth overview of some major assessments, including **NURS FPX 6105 Assessment 4**, **NURS FPX 6107 Assessments 1 and 3**, and **NURS FPX 6620 Assessments 1 and 2**. Whether you're just starting out or knee-deep in your coursework, this guide will help you prepare effectively.

### NURS FPX 6105 Assessment 4: Planning a Change in Practice

**Course Overview**: NURS FPX 6105 – *Teaching and Active Learning Strategies* – is a critical component of Capella's MSN curriculum. It focuses on how to educate others in healthcare settings, whether that's patients, peers, or future nursing professionals.

**Assessment 4 Objective**: In this final assessment, students are Nurs FPX 6107 Assessment 1 required to **design and propose a change in nursing practice** that promotes improved outcomes, often based on evidence from earlier coursework.

#### **Key Tasks:**

- Identify a current issue in nursing practice.
- Propose a change based on scholarly evidence.
- Develop a structured plan for implementation.
- Include evaluation metrics to measure effectiveness.
- Align the proposal with organizational goals and nursing standards.

#### **Tips for Success:**

- Choose a topic you're passionate about—such as fall prevention, medication safety, or nurse burnout.
- Use reliable sources like peer-reviewed journals and clinical guidelines (e.g., AACN, ANA).

• Consider the educational aspects: how would you train nurses or patients on the new practice?

### NURS FPX 6107 Assessment 1: Leadership Self-Assessment

Course Overview: NURS FPX 6107 – Leadership for Nursing Practice aims Nurs FPX 6107 Assessment 3 to enhance your leadership skills and prepare you for roles where clinical leadership is pivotal.

**Assessment 1 Objective**: This assessment invites students to reflect on their **current leadership competencies** using self-assessment tools. It's often framed as a personal development exercise that will set the tone for your growth throughout the course.

#### **Key Tasks:**

- Complete a leadership self-assessment tool (e.g., CliftonStrengths, Emotional Intelligence surveys).
- Reflect on your strengths and areas for improvement.
- Link your personal attributes to leadership theories like transformational or servant leadership.
- Set actionable leadership goals.

#### **Tips for Success:**

- Be honest in your self-assessment—growth begins with self-awareness.
- Use SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound) to outline your leadership development.
- Incorporate real-life examples from your nursing practice.

# NURS FPX 6107 Assessment 3: Promoting a Culture of Safety

**Assessment 3 Objective**: This assessment builds on leadership principles and NURS FPX 6620 Assessment 1 applies them to promoting a **culture of safety** within a healthcare setting.

#### **Key Tasks:**

- Analyze the current culture of safety in a workplace or clinical environment.
- Identify gaps or risks in safety protocols or leadership behaviors.
- · Recommend interventions to enhance safety

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• Support proposals with evidence and link them to leadership models.

#### **Tips for Success:**

- Interview colleagues or review incident reports to identify real issues.
- Consider leadership roles in creating transparent, accountable systems.
- Highlight the importance of communication, teamwork, and just culture in safety.

## NURS FPX 6620 Assessment 1: Root-Cause Analysis and Safety Improvement Plan

**Course Overview**: NURS FPX 6620 – *Leadership and Management for Nurse Executives* – focuses NURS FPX 6620 Assessment 2 on high-level administrative and strategic thinking in healthcare organizations.

**Assessment 1 Objective**: Students conduct a **root-cause analysis (RCA)** of a sentinel event (such as medication errors, patient falls, or surgical complications) and develop a **comprehensive safety improvement plan**.

#### **Key Tasks:**

- Select or create a scenario involving a sentinel event.
- Conduct a detailed RCA using tools like the fishbone diagram or 5 Whys.
- Identify underlying systemic issues (e.g., staffing, training, communication).
- Propose an actionable plan with stakeholder engagement, budget considerations, and evaluation metrics.

#### **Tips for Success:**

- Focus on system flaws, not individual blame.
- Include interdisciplinary perspectives—consider how administrators, RNs, and support staff contribute to outcomes.
- Use models like PDSA (Plan-Do-Study-Act) to structure your improvement strategy.

# NURS FPX 6620 Assessment 2: Developing an Organizational Scorecard

Assessment 2 Objective: This task challenges students to develop a balanced scorecard for a

healthcare organization, which measures performance across various domains like patient care, financial health, internal processes, and learning and growth.

#### **Key Tasks:**

- Choose or design a healthcare organization (real or fictional).
- Create a balanced scorecard with 4–5 strategic goals in each domain.
- Define specific, measurable indicators for each goal.
- Align scorecard metrics with the organization's mission, vision, and values.

#### **Tips for Success:**

- Think like an executive nurse leader—what data do you need to drive decisions?
- Link goals to broader quality initiatives (e.g., Magnet recognition, CMS standards).
- Make sure metrics are actionable and relevant—avoid vague KPIs.

#### **Integrating Assessments Across Courses**

While these assessments may seem distinct, they are interconnected. For instance:

- The leadership insights from **NURS FPX 6107 Assessment 1** can inform how you design a change initiative in **NURS FPX 6105 Assessment 4**.
- Your experience conducting a root-cause analysis in NURS FPX 6620 Assessment 1 can enhance your understanding of how to lead safely and effectively, as explored in NURS FPX 6107 Assessment 3.
- Building a scorecard in NURS FPX 6620 Assessment 2 reinforces the importance of measurable goals, which is relevant in nearly every project or intervention proposed across Capella's curriculum.